

**Bronaugh R-VII School District**

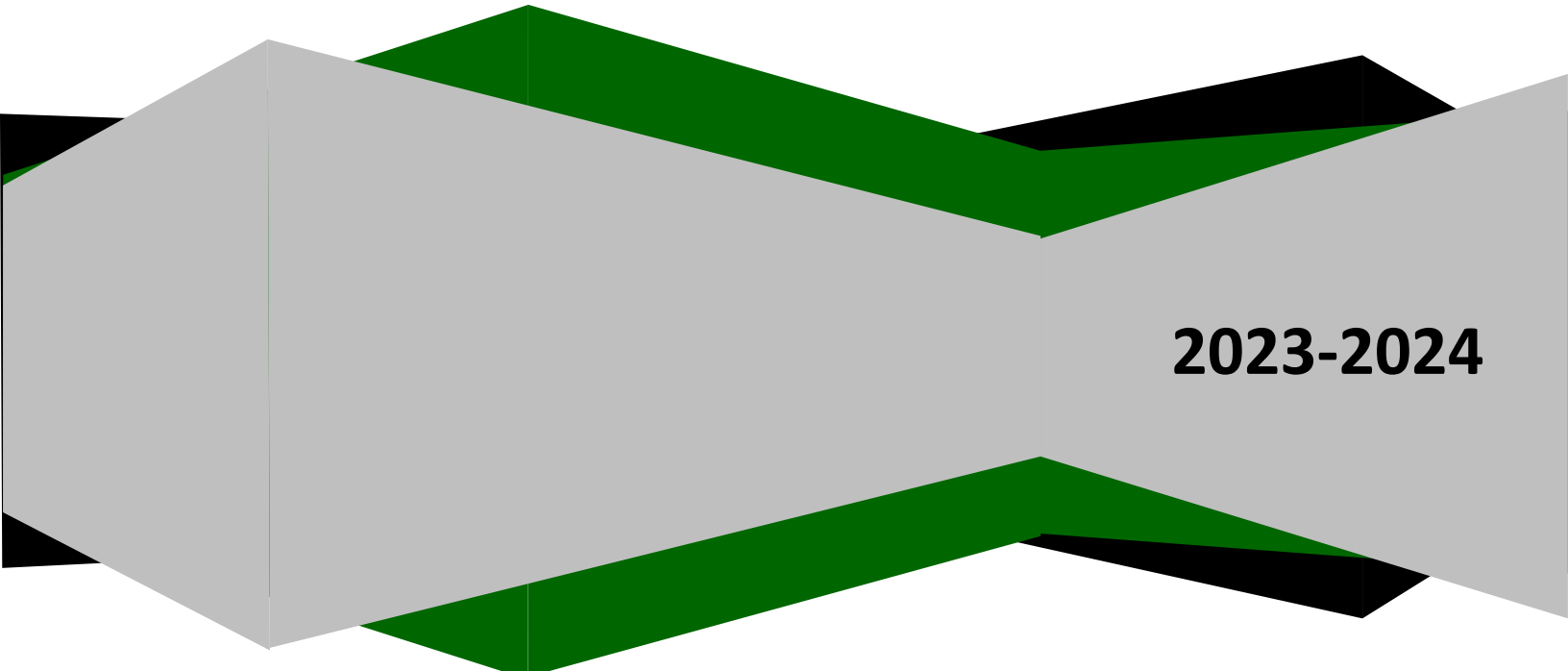
# **Handbook**

**Athletics and School Activities**

**Mrs. Beth Sandness, Superintendent**

**Mr. Austin Gripka, Principal**

**Mrs. Monica Linn, Athletic Director**



**2023-2024**



## Rules

1. Students are free to choose the activities in which they would like to participate. It is the District's policy that students facing a conflict between two sponsored activities will be given the choice of which to attend. Certain school activities (to be determined by the administrators) will have priority. Students are not to be penalized by the activity not attended.
2. A student who has gone out for a sport but quits of his own accord, **will not be eligible to start practicing for another sport before the end of the competition in the sport that was dropped.**
3. All students will be transported to and from respective activities via school transportation, unless special arrangements have been made with the coach/sponsor and the parent/legal guardian. If anyone other than a parent/legal guardian is to transport a student(s) to or from respective activities a written request must be submitted to the principal for approval prior to the student(s) leaving for the activity. NO GIRLFRIENDS OR BOYFRIENDS! Only approved, school officials may ride the bus to and from activities.
4. If it is necessary to be absent from practice, the student is expected to communicate with the coach/sponsor or administrator.
5. Students must be in attendance the full school day in order to practice or participate in any activity scheduled for that day. Special circumstances may apply and should be discussed with the principal in advance. Students who arrive to school after 8:15am will be considered absent for 1<sup>st</sup> hour.
6. If a student misses practice the day before competition, they are considered ineligible. If a student misses practice on Friday, they are ineligible for any competition on Saturday or Monday.
7. In the event that truancy or suspension takes place, the student will not be eligible for participation until he/she has fulfilled disciplinary requirements established by the administration.
8. The possession or use of alcohol, tobacco, or nonprescription drugs is known to be detrimental to the individual as well as the team he/she represents. Therefore, disciplinary action will be taken. This is a year round commitment. If a student athlete is caught using or in the possession of any of the above, the drug suspension guidelines will be at a minimum as follows, or may be exceeded as deemed necessary the sponsor/coach and/or administration.
9. Tobacco, Vaping, E-Cigarettes, and other nicotine delivery products:
  - a. First Violation: Students will serve a suspension period for the sport(s)/activity in which they are participating. Basketball & Volleyball: 2 game suspension, Baseball, softball, track, speech/debate, Academic Team: 1 game suspension.
  - b. Second Violation: Dismissal or as deemed necessary by administration.
10. Alcohol and Illicit Chemicals/Illegal Substances:
  - a. First Violation: Students will serve a suspension period for the sport(s)/activity in which they are participating. Basketball & Volleyball: 6 game suspension, Baseball, softball, track, speech/debate, Academic Team: 3 game suspension.
  - b. Second Violation: Dismissal or as deemed necessary by administration.
11. Hazing, Harassment and Bullying will not be tolerated. The Bronaugh R-VII School District will have a zero tolerance policy on these issues and will follow suspension guidelines.
12. If a scheduled game is canceled, it does not count towards suspension dates.

### **Eligibility**

The following eligibility standards will apply to all extra-curricular and co-curricular activities in the Bonaugh R-VII School District. The following are a summary of MSHSAA Eligibility Standards. Student athletes must meet all requirements for eligibility and abide by all policies as outlined in the MSHSAA Official Handbook.

1. The student shall have earned, the preceding semester of attendance, credit in 80% of the maximum allowable classes in which a student can be enrolled in the semester.
2. The student shall currently be enrolled in and regularly attending courses that offer 80% of the maximum allowable credits which may be earned.
3. A student who is ineligible shall be able to practice; however, no academic time shall be missed for activities—including travel to games.
4. A student who misses class on the date of a contest without being excused by the principal shall not be considered eligible to represent his/her school on that date. Students who miss school on Friday, shall not be considered eligible to represent his/her school on the following Saturday.

In addition to the MSHSAA Eligibility Standards, High School students at Bonaugh R-VII, participating in MSHSAA sanctioned activities must meet the following requirements:

The principal will complete weekly grade checks on Friday afternoons. If a student has a D or F in a class then they will be put on probation for the next week. If the following Friday the probation student still has a D or F in the same class then they will be deemed ineligible for the next week.

#### **During Probation Week:**

- Students are required to go get tutoring/additional help in the class they have a D/F in during Champion Time on both Tuesday and Thursday.
- Students are eligible to participate in all extracurricular activities.

#### **During Ineligibility Week:**

- Students are required to go get tutoring/additional help in the class they have a D/F in during Champion Time on both Tuesday and Thursday.
- Students are eligible to participate in all practices of extracurricular activities.
- Students are ineligible to participate in all competitions of extracurricular activities.
  - Students aren't allowed to travel with their team to away sporting events.
  - Students aren't allowed to attend home sporting events and school dances.

Every Friday a student has no D's or F's on their grade check the student will have a clean slate for the next week.

### **MS Eligibility Standards**

The principal will complete weekly grade checks on Friday afternoons. If a student has a D or F in a class then they will be put on probation for the next week. If the following Friday the probation student still has a D or F in the same class then they will be deemed ineligible for the next week.

#### **During Probation Week:**

- Students are required to go get tutoring/additional help in the class they have a D/F in during Champion Time on both Tuesday and Thursday.
- Students are eligible to participate in all extracurricular activities.

#### **During Ineligibility Week:**

- Students are required to go get tutoring/additional help in the class they have a D/F in during Champion Time on both Tuesday and Thursday.
- Students are eligible to participate in all practices of extracurricular activities.
- Students are ineligible to participate in all competitions of extracurricular activities.
  - Students aren't allowed to travel with their team to away sporting events.
  - Students aren't allowed to attend home sporting events and school dances.

Every Friday a student has no D's or F's on their grade check the student will have a clean slate for the next week.

### Expectations

If student athletes have practice that will not begin immediately after the school day, they are expected to leave and return or stay under the supervision of staff. The after-school program is an excellent option for student-athletes. Additionally, individual teachers may offer tutoring as well. There is a sign-up sheet in the office for tutoring and detention that students are expected to use when staying after.

### Hazing

Bronaugh schools prohibits any form of hazing, including but not limited to, initiation rituals and harassment.

Hazing is unacceptable conduct and can result in disciplinary action. Disciplinary action may include, but not be limited to, a student suspension or expulsion from school or the termination of any employees' contract. No student, coach, teacher, sponsor, volunteers, or district employees shall permit, condone, or tolerate any form of hazing. Students who have been subjected to hazing are instructed to promptly report such incidents to school officials.

### Internet Postings:

Bronaugh Schools student athletes should be aware that inappropriate Internet postings (written, text messages, graphic or photo) by yourself or others on a school or personal computers, may result in disciplinary action.

### Discipline

Repeated referrals of a student to the office for misbehavior may be sufficient reason to declare a student ineligible. A single serious breach of good conduct either in or out of school may be sufficient cause for declaring a student ineligible to participate in school activities. Each sponsor/coach may impose stricter rules for their specific activities. The coach/sponsor will provide written rules and consequences to parents/students.

### Ethics/Citizenship

Student activities in the Bronaugh R-VII School District provide a program for students to pursue special interests in addition to more formal class activities. Student activities help develop leadership abilities, promote school spirit and loyalty, establish habits of good citizenship, and provide opportunities to learn and work as part of a group. Although student activities are important for the all-round development of students they should be of secondary importance. Regular classroom work must come first.

Credible citizenship shall be one of the criteria for participation in school activities. Credible citizenship includes such things as regular and punctual attendance and a quality of conduct, which promotes the best interests of the school. The following citizenship standards for eligibility have been approved as school policy for Bronaugh R-VII Schools.

Participation in student activities is a **privilege and not a right**; therefore, the School Board believes that students must adhere to standards of behavior, which will bring credit to the individual student, the particular activity, the school, and the community.

1. Having to serve ISS (no activities during term of ISS)
  - a. First Violation: Warning notification to head Coach and coach's consequences as set forth by the Coach.
  - b. Second Violation: Students will serve a suspension period for the sport(s)/activity in which they are participating. Basketball & Volleyball: 2 game suspension, Baseball, softball, track, speech/debate, Academic Team: 1 game suspension. (After ISS has been served).
  - c. Third Violation: Dismissal from team for the remainder of the season.

2. Having to serve OSS (no activities during term of OSS)
  - a. First Violation: Students will serve a suspension period for the sport(s)/activity in which they are participating. Basketball & Volleyball: 2 game suspension, Baseball, softball, track, speech/debate, Academic Team: 1 game suspension. (After ISS has been served). (After OSS has been served.)
  - b. Second Violation: Dismissal from team for the remainder of the season.
  - c. Third Violation: Dismissal from athletics/activities for 365 days from the date of the incident.

In addition to these standards, students must abide by the rules and regulations of the Missouri High School Activities Association (MSHSAA). The following rules are included in the MSHSAA official handbook, and are listed here to help students and parents to understand state requirements, and to help avoid a situation, which could lead to violations of eligibility standards.

1. A student who misses class on the date of a contest without being excused by the principal shall not be considered eligible to represent his/her school on that date. Students who miss school on Friday, shall not be considered eligible to represent his/her school on the following Saturday.
2. Any student who withdraws from school because of disciplinary measures shall not be considered eligible for any interscholastic activity for one full year from the date of withdrawal.
3. A student in grades 9-12 must be currently enrolled in courses that offer a total of three (3) units of credit, and he/she must have earned credit in 80% of the classes taken the previous semester.
4. Beginning ninth grade (9th) any student that has been promoted from the 8th grade to the 9th grade shall be granted eligibility for his/her first semester regardless of the three (3) units of credit rule referring to the previous semester.
5. A junior or senior high school student may be eligible in a public school only in the district in which his parents, legally established guardian, or the person with whom he/she has been living for one calendar year, and is designated as the school for him/her to attend by the Board of Education.
6. Non-school competition: Before competing in **ANY** non-school competition, check with your administration.
7. The school shall require of each student before the student is allowed to practice or participate, a yearly physician's certificate stating that he/she is physically able to participate in athletic contests of his/her school.
8. A student shall not be permitted to practice or compete for a school until the school has verification that he/she has basic athletic insurance coverage.
9. Students are expected to self-report incidences with law enforcement. The consequence for failing to report incidences with law enforcement is a suspension from all activities for up to one calendar year, pending review of the MSHSAA Board of Directors.

### **Dress Code**

Student athletes/activity participant will adhere to the following dress code when traveling to out of town games.

Boys: Khaki or Dress Slacks  
Collared Shirt and Tie

Girls: Dress or Dress Slacks  
Dress Tops

No T-Shirt, No Sweat Shirts  
No Denim, No Flip Flops, No Hats

- For home games, students should adhere to the above dress code until they dress out for their competition.
- If Dress Code is not met, the student will sit out, and not participate in that day's event.
- Spring sports will change into uniforms prior to leaving school for the event.
- Organizations with official dress, shirts, etc. will abide by their organization's rules.
- Appropriate dress as determined by the coach/sponsor

### **Transportation**

In general, students are required to ride the school bus to and from activities. Students are expected to return from activities the same way they go, on the bus. Certain occasions may warrant consideration of some alternatives.

1. Athletes may ride from activities only with a parent/legal guardian. If anyone other than a parent/legal guardian is to transport a student(s) to or from respective activities a written request must be submitted to the principal for approval prior to the student(s) leaving for the activity. NO GIRLFRIENDS OR BOYFRIENDS! Only approved, school officials may ride the bus to and from activities.
2. Parents/Legal Guardian may sign out their child after an away contest.
3. Student participants will meet the following expectations during travel
  - a. Ready at the scheduled departure time
  - b. No cleats or spikes on the bus
  - c. No food on the bus (unless authorized)
  - d. Display good citizenship
  - e. Keep the bus clean. Pick up litter after a trip
  - f. Close all bus windows at the end of the trip
  - g. Leave the bus in better shape than you found it
  - h. Notify parents of return time

### **A.D. Responsibilities**

The Athletic Director is responsible for the scheduling and supervision of all athletic events. The A.D. is also responsible for scheduling judges, referees, umpires or officials to carry out the scheduled events. The A.D. will conduct a yearly evaluation of coaches to aid in the determination of rehiring.

### **Practice/Schedules**

All coaches have the right to have closed practices. This will be discussed at the parent/athlete meeting. If an athlete is to miss a practice for any reason, he/she must notify their coach in advance, if at all possible. An unexcused absence from practice may result in loss of playing time. Repeated unexcused absences could result in suspension from the team for the remainder of the season. Practice schedules are to be made available at the beginning of the season with the understanding that parents and students will be notified of any and all changes.



### **Evaluations**

A yearly evaluation of coach performance will take place during the season. Evaluations are conducted to ensure coaches are meeting the needs of the athletes and treating everyone with respect. Evaluations are not carried out to undermine the coach's decisions on playing time, play calling, or strategy. The purpose is to ensure that coaches are providing quality instruction while encouraging all athletes to reach their potential.

### **Communication**

It is important for coaches to communicate their rules and specific expectations to their athletes and parents. We encourage good communication between athletes, parents and coaches as long as it is productive.

The following items are appropriate concerns to discuss with coaches/advisors:

1. The treatment of your student mentally and physically
2. Ways to help your student improve
3. Concerns about your student's behavior

The following issues are not appropriate to discuss with coaches/advisors:

1. Playing time.
2. Team strategy
3. Play Calling
4. Other students/athletes
5. Do not approach or attempt to discuss with coaches immediately following an event.

### **Awards**

1. Students may not receive cash, merchandise, or gift certificates for participating in an athletic contest.
2. Students may accept awards that are symbolic in nature, such as medals, trophies, ribbons, plaques, etc., for participating in a school athletic program. These awards may be received only from your school, from a school hosting an event, or from the MSHSAA
3. Students may accept awards for participating in non-school sponsored athletic competition only if the awards are symbolic in nature, such as medals, trophies, ribbons, plaques, etc.

### **Lettering**

Each sport offers objective criteria and qualification for lettering set by the individual sport coaching staff. The additional factors of good school citizenship and a constructive, positive attitude are integral criteria of the lettering process.

- Baseball/Softball- The player must participate in at least 50% of all innings played at the varsity level during the season. The coach will give consideration in special cases.
- Basketball- Any athlete that plays in half of the varsity quarters will letter. The coach will give consideration in special cases.
- Track- Athletes must participate in an average of two events per meet. Athletes must complete the season through the finish of Districts. Athletes must attend all meets unless excused by the coach. The coach will give consideration in special cases.
- Volleyball- Any player who participates in one-half of the total games (not matches), or under special circumstances at the discretion of the coach may letter.
- Cheerleading- Cheerleaders are presented a letter upon selection to the varsity squad

### **Forms**

The following forms will be required before a student may practice or perform in any athletic activity.

1. Physical (yearly)
2. Insurance Verification
3. Emergency Card

4. Participation Agreement
5. Concussion Information Form

# Emergency Card and Participation Agreement

Student Name: \_\_\_\_\_

Parents Name: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work NO. Mother: \_\_\_\_\_ Work NO. Father: \_\_\_\_\_

## ***CONTACT IF PARENT CANNOT BE REACHED***

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Doctor's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Hospital Reference: \_\_\_\_\_ Phone: \_\_\_\_\_

If any non-life threatening emergency occurs while your child is participating in an event conducted within the Bronaugh R-VII School District, your child will be taken to the Nevada Hospital unless you designated a hospital preference above. If the emergency occurs outside of the Bronaugh R-VII School District your child will be taken to a nearby medical facility and you will be contacted as soon as possible.

## **Bronaugh R-VII School District Athletic/Activities Participation Agreement**

As a representative of the Bronaugh R-VII School District and its activities program, I will sincerely endeavor to contribute my best to the success of that program. I have read the activities handbook and understand the expectation of sportsmanship, citizenship, and academic responsibility. I agree to abide by the provision outlined in the handbook. I am also aware that if I do not live up to this agreement, I must accept the consequences, which might include suspension from the team on which I am participating. I have read the policies, understand them, and will abide by them.

\_\_\_\_\_  
**PRINTED Student Name**

\_\_\_\_\_  
**Sport/Activity**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
Signature of Student

\_\_\_\_\_  
Date

**NOTE:** As a parent or guardian I am giving permission for my son/daughter to participate in organized school activities, even though I am aware of the potential for injury which is inherent in all sports and activities. Even with the best of coaching, the use of the most advanced protective equipment, and strict observance of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in disability, paralysis, or even death. I have read the policies, understand them, and will abide by them.

\_\_\_\_\_  
**PRINTED Parent Name**

\_\_\_\_\_  
**Sport/Activity**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

***STUDENTS AND PARENTS MUST SIGN BEFORE PARTICIPATION IN ANY ACTIVITY***